

0730 Arrival and Registration ADMIN TEAM

0830 Welcome and Introduction TIM SPALDING

**SESSION 1** 0835-1030

**Primary ACL: Challenging our Results**

MODERATORS TIM SPALDING & PETE THOMPSON

0835 Patella Tendon for ACL reconstruction  
SETH SHERMAN

0845 Quads Tendon for ACL reconstruction: A key option  
CHRISTIAN FINK

0900 Registry data on Graft choice JON KARLSSON

0915 Hamstrings under threat: making them better  
ANDY WILLIAMS

0930 ACL Surgery: Slight evolution not revolution  
PETER MYERS

0945 What is ACL? FREDDIE FU

1015 Discussion

1030 Coffee

**SESSION 2** 1100-1245

**Controversies surrounding the antero-lateral complex**

MODERATORS PETER MYERS & ANDY WILLIAMS

1100 Anatomy and biomechanics of the ALC: Kaplan fibres and ALL  
ROB LAPRADE

1115 ALL fact or fiction FREDDIE FU

1130 ACL surgeons should do more work  
ANDREW AMIS

1145 ALL reconstruction is the solution - evidence  
BERTRAND SONNERY COTTET

1200 Results of the stability study - the answers  
AL GETGOOD

1210 Lateral Tenodesis in my practise  
MARK BOWDITCH

1215 Revision ACL surgery and why LET is the key  
PETER VERDONK

1230 Discussion

1245 Lunch

**BREAKOUT** 1330-1400

**From Complex Knee to Trouble-free**

SPONSORED BY CONMED

MODERATOR TIM SPALDING

ROB LAPRADE | SETH SHERMAN | PETER VERDONK

**SESSION 3** 1400-1600

**PCL and Multiligament Reconstruction**

MODERATORS FEISAL SHAH & SETH SHERMAN

**KEYNOTE**

1400 The Collaterals: anatomy and reconstruction  
ROB LAPRADE

1430 Discussion

1440 PCL Reconstruction: All inside technique  
PETE THOMPSON

1455 PCL Reconstruction: Principles and evidence for double bundle reconstruction  
ROB LAPRADE

1510 Multiligament injuries in skiers  
CHRISTIAN FINK

1525 Strategies for multi-ligament reconstruction  
ROB LAPRADE

1540 Discussion

1600 Tea

**SESSION 4** 1630-1815

**Keynote Session**

MODERATORS TIM SPALDING & SEAN O'LEARY

**KEYNOTE PANEL DISCUSSION**

1630 ACL injury and reinjury prevention  
TOM PATT | NICK LONDON  
NEV DAVIES | CHRISTIAN FINK

1710 Discussion

**KEYNOTE**

1720 Is the latest always the greatest? FREDDIE FU

1740 Discussion MODERATED BY JON KARLSSON

1805 Adjourn

**BREAKOUT** 1805-1850

**ArthrexLive @ Sports Knee 2019**

SPONSORED BY ARTHREX

HOSTED BY JOEL MELTON & DAVE PEMBERTON

FACULTY

BERTRAND SONNERY COTTET, VIPUL MADALIA & OLIVER TEMPLETON-WARD

**1930 Conference Dinner**

GUEST SPEAKER STEVE BACKSHALL



**BREAKFAST BREAKOUT** 0730-0800

**Quads tendon in my practice | Case discussions**

SPONSORED BY KARL STORZ

0730 Why it is my go-to graft and technical pearls  
CHRISTIAN FINK

**SESSION 5** 0800-0915

**Challenges in Patello-femoral Instability**

MODERATORS ANDREW METCALFE & PETE THOMPSON

**PANEL DISCUSSION**

0800 Trochleoplasty, Patella Alta, Combination surgery & The worn unstable joint  
ROLAND BIEDERT | SETH SHERMAN | JONATHAN ELDRIDGE | SAM CHURCH | PETE THOMPSON  
ANDREW METCALFE

0845 Cartilage repair in the patello-femoral joint  
SETH SHERMAN

**KEYNOTE**

0900 Tying it all together ROLAND BIEDERT

**SESSION 6** 0915-1015

**Osteotomy**

MODERATORS TIM SPALDING & SEAN O'LEARY

0915 Osteotomy for 2020 AL GETGOOD

0930 Complex osteotomy: rotational, intra-articular and double level  
RONALD VAN HEERWARDEN

0945 Avoiding Complications in osteotomy surgery  
MATT DAWSON

1000 Discussion

1015 Coffee

**SESSION 7** 1045-1200

**Articular cartilage**

MODERATOR NICK HOWELLS, SANJ ANAND & TIM SPALDING

**KEYNOTE**

1045 Osteo-chondral allografts: My journey and the current role  
BILL BUGBEE

1110 Scaffolds or Cell-based or allografts  
SETH SHERMAN

1125 Focal Resurfacing TIM SPALDING

1135 Distraction Osteogenesis  
Data justifies a trial HEMANT PANDIT

1145 Discussion: Cartilage repair Options in UK 2019  
MARTYN SNOW | VIPUL MANDALIA

**SESSION 8** 1200-1245

**Biologics**

**Injectables in OA, where do they fit in?**

MODERATORS ANDY METCALFE & ANDY WILLIAMS

1200 Cortisone, HA, Lipogems, PRP and nSTRIDE  
PETER VERDONK

1215 Amnion, BMAC, what else? SETH SHERMAN

1230 Discussion

1245 Lunch

**BREAKOUT** 1330-1400

**Workshop Session**

SPONSORED BY SMITH+NEPHEW

1330 My evolution in meniscal repair  
Tips, tricks and how to improve healing  
JAMES ROBINSON  
IN CONVERSATION WITH PETER MYERS

**SESSION 9** 1400-1430

**Focus on Primary repair of the ACL**

MODERATORS AL GETGOOD & TIM SPALDING

1400 Five-year detailed results of ACL primary repair single surgeon series - who's it for?  
GRAEME HOPPER

1410 Proposed RCT on primary repair  
STEPHEN MCDONNELL

1420 Discussion

**SESSION 10** 1430-1630

**Meniscus**

MODERATOR PETE THOMPSON & JAMES ROBINSON

**KEYNOTE LECTURE**

1430 Saving the meniscus: Repair and Root tears  
PETER VERDONK

1450 Paediatric meniscal repair  
PETER MYERS

1500 Meniscus Allograft Transplantation  
Learning from the first 300  
TIM SPALDING

1510 MAT RCT 5-year results  
NICK SMITH

1520 Can we improve technique?  
Reducing extrusion  
AL GETGOOD

1530 Accurate sizing matters  
CIARA STEVENSON

1540 Bone plugs are better  
SETH SHERMAN

1555 Economics of OCA and MAT  
NORMAN WAUGH

1610 Discussion

1630 Closing Remarks  
TIM SPALDING